

*By relaxing the muscles under the skin,  
facial lines that are formed by the pulling of the  
underlying muscles will diminish or disappear.*

Before



After



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# Botox<sup>®</sup> (Botulinum Toxin) for facial rejuvenation



This treatment is probably the most popular cosmetic medical treatment for facial lines and wrinkles in the UK and can be used successfully in combination with other rejuvenation treatments.

Treatment is a simple, non-surgical procedure that smoothes persistent lines between your eyebrows, on your forehead and on your outer eye area.

A treatment session consists of a few tiny needle pricks that relax the muscles that caused those lines to form.

Botulinum Toxin (more well known by the 'brand' Botox® produced by Allergan) is a simple; minimally invasive treatment and there is no recovery time needed. In fact, most people are able to return to work immediately after the treatment. The muscle-relaxing benefits of the procedure can last up to an average of 4 months.

#### What can Botulinum Toxin be used for?

To help our patients budget for dental treatment costs without compromising the quality of care we are pleased to offer our own dental plan which we believe to be the best way to make treatment affordable and give our patients greater freedom of choice. The benefits of our preventive approach include:

- The forehead area (horizontal forehead lines)
- Eye area (crows feet)
- Frown lines between the eyebrows
- Neck area
- Under eyes
- Chin

It is also very successful at treating excessive perspiration (hyperhidrosis), which can be a problem for some people.

#### What happens during the treatment?

A very small amount of Botulinum Toxin is injected into the treatment area on the face using a small needle so discomfort is minimal. Many patients compare the feeling to a small prick. No local anaesthetic is needed, and you are able to continue with your normal activities or work immediately.

#### How does Botulinum Toxin work?

It relaxes the muscles under the skin. Facial lines that are formed by the pulling of the underlying muscles will then diminish or disappear.

#### Is it painful?

Most people only experience mild discomfort. There is a slight swelling and redness straight after, which settles within a few hours and application of ice helps.

#### When will I notice a difference?

The effect starts to work in about 4-5 days, with the greatest effect being seen after about 2-3 weeks.

#### How long will the effects last?

3-6 months depending on each person's response. Repeat treatments have been shown to have a longer effect.

#### How many times can I be treated with Botulinum Toxin?

Treatment with Botulinum Toxin can typically be carried out indefinitely.

#### What happens Pre and Post-Treatment?

There are no pre-treatment requirements. After your treatment, we ask that you frequently move the muscles that were treated and not lie down on your back for four hours.



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